Please take this survey! We can use your help!

- 1. Do you think this Silver Stars has helped you and would you recommend it to other seniors?
 - a. Yes
 - b. No
 - c. I don't know
- 2. Do you feel more connected to other seniors?
 - a. Strongly Agree
 - b. Agree
 - c. Disagree
 - d. Strongly Disagree
- 3. How often do you feel the food here is healthy?
 - a. Strongly Agree
 - b. Agree
 - c. Disagree
 - d. Strongly Disagree
- 4. Is Silver Stars helping you have a higher quality of life?
 - a. Yes
 - b. No
 - c. I don't know
- 5. What other information do you want to share with us?

Silver Stars Post-Survey [LOGO]

Please take about five minutes to complete the following survey about the Silver Stars Program. We appreciate your feedback and plan to use this information to make the program better in the future, report to funders about the successes and lessons learned from the program, and to keep you updated about what we learn.

You are not required to take this survey to continue to participate in the program, but we greatly appreciate your perspective, which will help us in the future. We will not collect your name or other identifiable information as part of this survey. If you give a written response that makes you identifiable, staff will remove any information that can lead back to you before sharing the information with others. This means that others will not know what responses you gave on this survey. Please be honest.

Again, we appreciate your time to complete this survey. If you have any questions before you start this survey or while you are completing it, please feel free to ask Sue Hemingway.

Thank you!

1. For the following questions, please rate your responses from "strongly agree" to "strongly disagree". If you are unsure of any, please select that response. If it did not apply because you did not participate in that part of the program, please select "does not apply".

	Strongly	Agree	Disagree	Strongly	Unsure	Does
	Agree			Disagree		not
						apply
Overall,						
participating						
in Silver Stars						
has made my						
life better.						
After						
participating						
in Silver Stars,						
I have more						
friends.						
After						
participating						
in Silver Stars,						
I have more						
people I can						
count on.						

The food here			
supports my			
diet.			
I feel			
healthier			
after			
participating			
participating in Silver Stars.			

- 2. For any responses above that you selected "Disagree" or "Strongly Disagree", please explain.
- 3. In the last three months, what made it challenging for you to participate in the Silver Stars Program?
- 4. In the last three months, what made it easy for you to participate in the Silver Stars Program?
- 5. What changes would you like to see in the Silver Stars Program and why?
- 6. Thinking about the last three months of the Silver Stars Program, what additional comments do you have that might help us in deciding how this will work going forward?