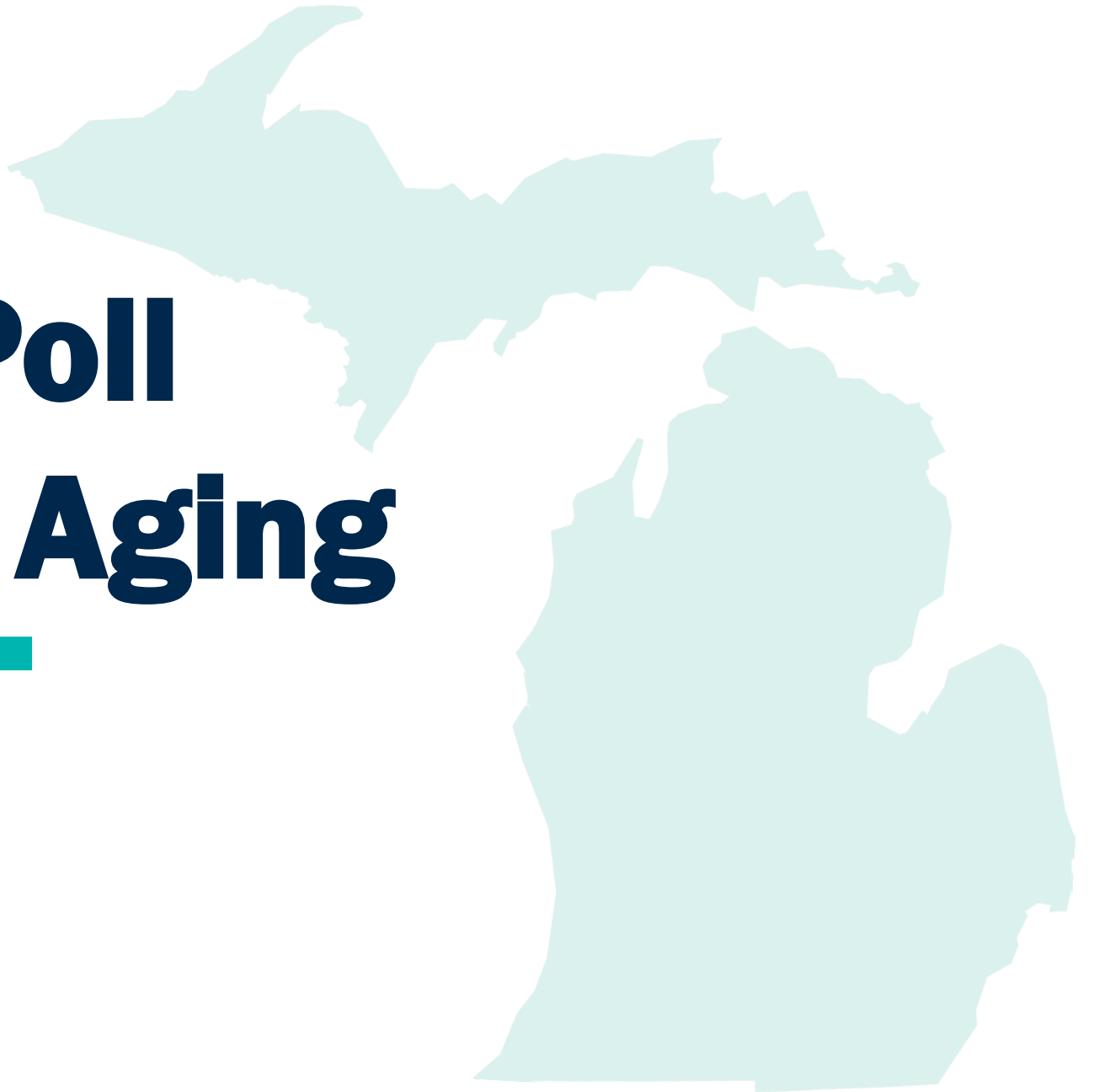


# Michigan Poll on Healthy Aging

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## MICHIGAN FINDINGS

# Experiences with scams

IN THE PAST TWO YEARS AMONG ADULTS AGE 50–80  
IN MICHIGAN

**69%**

had scam attempt  
online or by phone,  
text, email or mail

**31%**

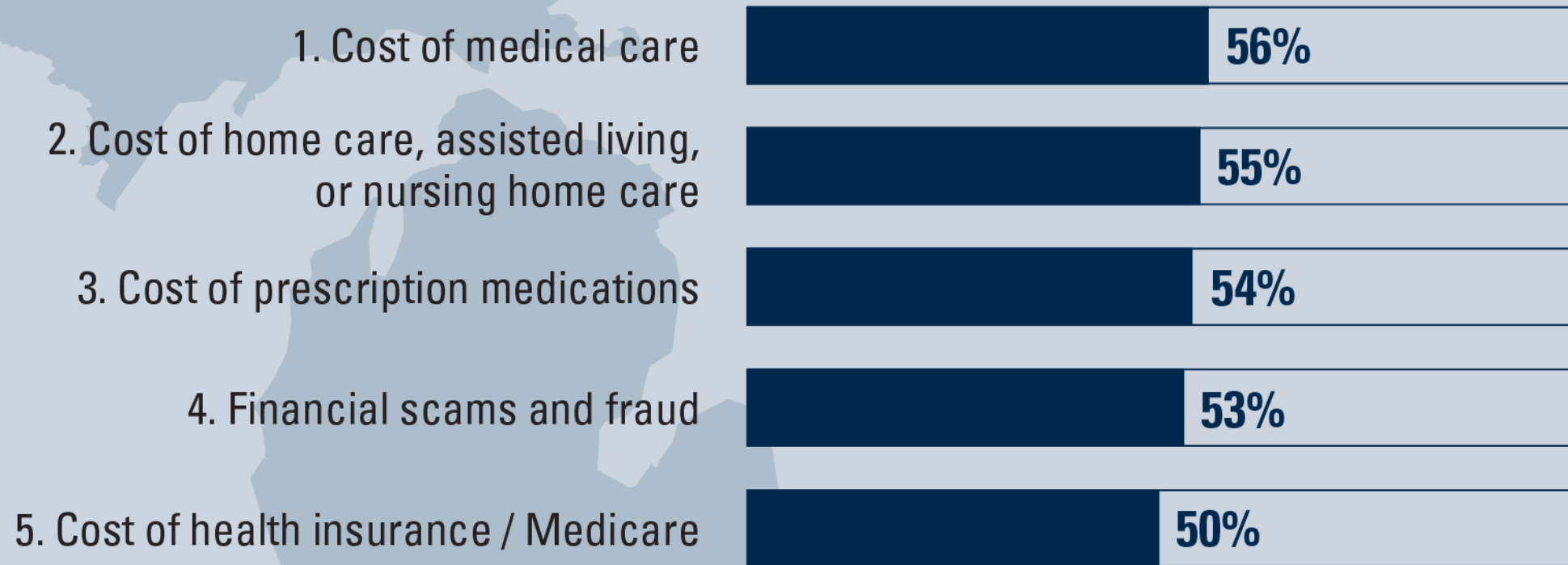
reported  
experiencing fraud\*

*\* had their credit card or bank account compromised,  
other accounts hacked, lost money, and/or had their identity stolen.*



# Top health-related concerns

Percentage very concerned among Michigan adults age 50 & older



*Respondents were asked to rate the level of concern about 26 health-related topics for older adults in their community*

Source: Michigan Poll on Healthy Aging, University of Michigan, May/June 2024

# Financial strain in the past year

AMONG ADULTS AGE 50 AND OLDER IN MICHIGAN

**58%**

cut back on  
everyday  
expenses\*

**57%**

reported feeling  
stress about  
their personal  
finances

**51%**

said they have  
been impacted  
by inflation a  
great deal

*\*Includes gas, groceries, utilities, personal items, home maintenance, social & recreational activities.*



# Familiarity with services for older adults

AMONG ADULTS AGE 50 & OLDER IN MICHIGAN

## Area Agencies on Aging

7% familiar and have used

38% familiar but have not used

**55% not familiar**

## State Health Insurance Assistance Program

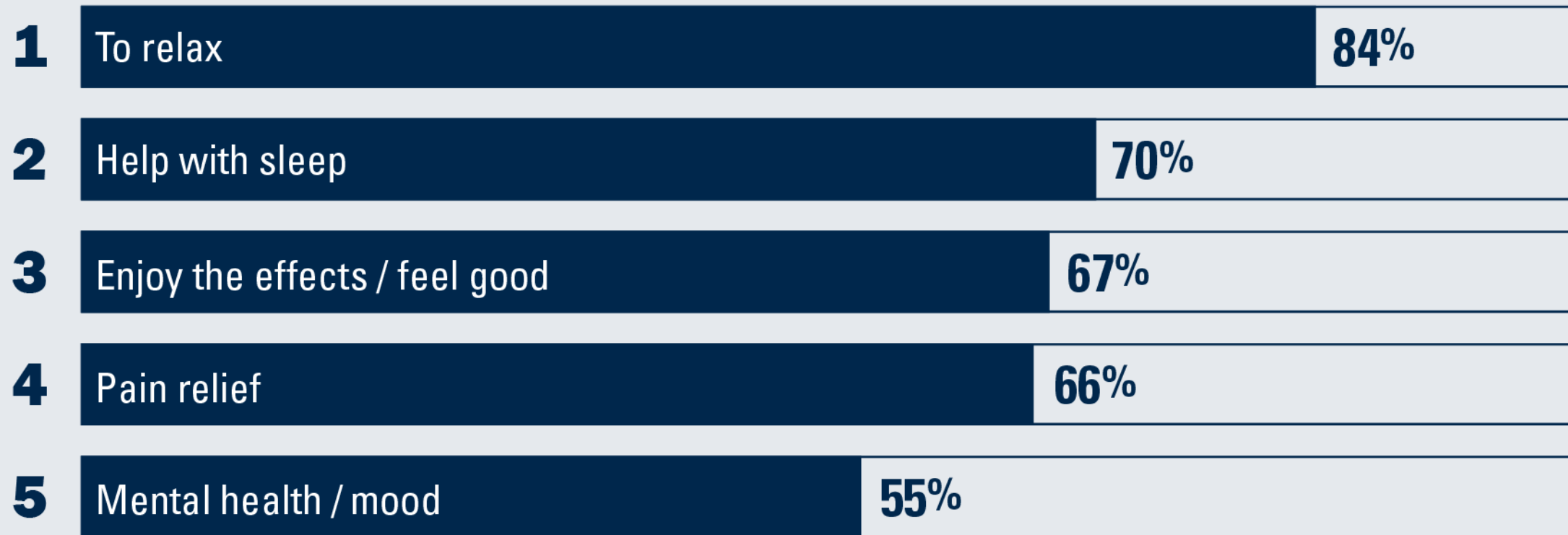
5% familiar and have used

27% familiar but have not used

**68% not familiar**

# Top 5 reasons for using cannabis

AMONG MICHIGANDERS 50+ WHO USED CANNABIS WITH THC  
AT LEAST ONCE IN THE PAST YEAR



# Have older adults ever discussed cannabis use with a health care provider?

AMONG MICHIGANDERS 50+ WHO USED CANNABIS  
WITH THC **AT LEAST ONCE IN THE PAST YEAR**



## Most Michiganders age 50+ say they have enough close friends, but those reporting fair or poor health are less likely to say so

Would you say you have enough close friends?

☒ Yes ☐ No

Overall



Fair or poor physical health



Fair or poor mental health



# Making friends is harder for many Michiganders age 50+ now compared to when they were younger, especially for those reporting fair or poor health

Compared to when you were younger, is making friends now harder, about the same, or easier?

- Harder
- About the same
- Easier

Overall



Fair or poor mental health



Fair or poor physical health



Percentages may not add to 100% due to rounding.

Source: Michigan Poll on Healthy Aging,  
University of Michigan, December 2024



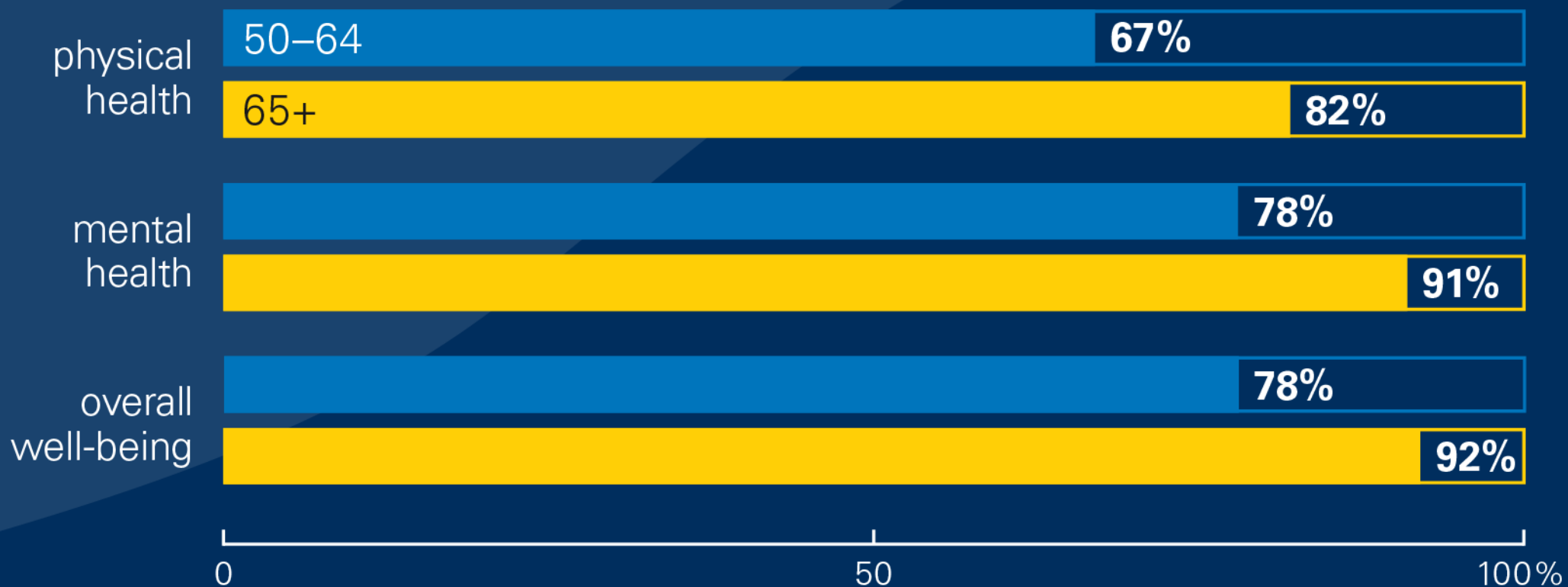
# 29%

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provided regular  
care or assistance to  
at least one adult  
or child with a health  
issue or disability in  
the past year

## Positive health impacts of work were reported more often by Michiganders ages 65+ compared with those ages 50–64

Percentage who reported work has a very or somewhat positive impact on their...



# Many Michiganders age 50+ report one or more barriers to working

Among those who are not retired



Disability,  
chronic illness,  
or poor health



Limited options for  
transportation



Not having the  
necessary training,  
skills, or experience



Caregiving  
for an adult



Caregiving for a  
child or grandchild



A prior conviction  
or legal action

# The majority of **Michiganders** age 50+ are concerned about the impact of climate change on health

Percent who are very or somewhat concerned about the impact of climate change on...

their own health:

**62%**



the health of future generations:

**77%**



# Most **Michiganders** age 50+ have experienced an extreme weather event

**67%**  
experienced at  
least one extreme  
weather event in  
the past two years



**43%**  
extreme  
heat



**41%**  
poor air  
quality due to  
wildfires



**26%**  
severe  
storms



**24%**  
long power  
outages\*

Source: Michigan Poll on Healthy Aging, University of Michigan,  
March/April 2025, Poll fielded August 2024

\*May be due to factors other than extreme weather



# NATIONAL POLL ON HEALTHY AGING

UNIVERSITY OF MICHIGAN



Learn more : [www.healthyagingpoll.org/Michigan](http://www.healthyagingpoll.org/Michigan)



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