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As I write this letter, 2019 sure seems like the distant past. Like many of our peers and partners, COVID-19 has us reinventing plans and questioning assumptions that seemed rock solid just six months ago. When we sat down to reflect on 2019 for the purposes of this report, we had to ask ourselves just how relevant last year’s work is to this year’s realities.

Fortunately for us, our grant partners have provided incredible insights over the past few years—insights that ring true in “normal” times and, in the face of a pandemic and a national reckoning with racism, are flashing bright red. Namely: to build a healthier Michigan for everyone, and to tackle health disparities, nonprofits need more than grant dollars.

In 2018, we surveyed grantee organizations to learn how we were doing as a funder. (You can read the highlights in last year’s annual report.) One of the key takeaways was that the Health Fund can do more to help our partners than simply fund programs. Many organizations expressed a desire for networking support, training, and capacity-building. In 2019, we took concrete steps toward a more holistic partnership approach. Read about our efforts on page 4.

From where we sit in 2020, we’re glad we started down this path last year. The resources we started developing in 2019 have proven critical to nonprofits forced to rethink their operations, programs, and fundraising as a result of COVID-19. Of course, we only knew to start this process thanks to grantee feedback. We’re so grateful for our partners’ willingness to share and the countless ways they help us grow. They remind us that the smartest thing we can do as a funder is listen and learn.

All that said: we awarded more than $33 million in grants last year! Those funds are supporting important work all across Michigan, even as that work adapts to changing circumstances. Yet nonprofits push relentlessly forward in the midst of this pandemic, serving residents in new ways and deepening their commitments to health equity. Here at the Health Fund, we’re reminded once again how much we can learn from our partners’ knowledge, creativity, and verve—and we stand ready to listen.

With healthy wishes for you and your loved ones,

TIM DAMSCHRODER
CHAIRPERSON
In 2018 we worked with the Center for Effective Philanthropy (CEP) to survey our grant partners and analyze the feedback. We wanted to learn what we were doing well and how we could improve—we learned a ton! Check out last year’s annual report for a summary of the full results. One key insight: we can do more to help strengthen nonprofits.

And last year we began that work in earnest, focusing on efforts to help our partners build critical capacity. Here are a few of the ways in which we went beyond the grant dollar in 2019:
CONNECTING CAUSES TO VOLUNTEERS THROUGH CATCHAFIRE

Nonprofits often go without professional services like graphic design, data analysis, or accounting systems, just to name a few. On the other hand, there are people in the private sector with skills, time, and passion to spare. Catchafire is a platform that connects nonprofits in need of specialized capacity with qualified professionals who can help shift vital projects from “maybe someday” to “completed.”

In 2019, we launched a portal for our grant partners to sign up and request assistance through Catchafire. Response was swift and enthusiastic: in one year 55 organizations matched on 114 projects, comprising 2200 volunteer hours and saving these organizations an estimated total of $460,000.

Since we announced this initiative, demand has only grown; luckily, so has interest from our peers in philanthropy. We’re currently working with other foundations to broaden the Catchafire portal and make this elegant solution widely available to Michigan nonprofits.

FROM OUR 2018 ANNUAL REPORT

“How our grant partners are benefiting from Catchafire:

UPPER PENINSULA HEALTH CARE SOLUTIONS
$7,214 SAVED ON 2 MARKETING AND GRAPHIC DESIGN PROJECTS

“Using Catchafire we have been able to save money and time, giving us more room to actually work on the program. The volunteer we have worked with has been great, very flexible and open to ideas. We provided some structure for the logo design and she was able to put it together from a creative and business perspective...(our new program logo will enable) more promotion of the program and reach will be farther.”

BLACK MOTHERS BREASTFEEDING ASSOCIATION
$26,048 SAVED ON 4 PROJECTS AND CALLS

“We received a brand makeover which helps with our overall and programmatic communications strategies...This has been a great experience to assist with brand awareness, messaging and communications strategies.”

"Perhaps the biggest takeaway from the report is our grantees’ need for assistance beyond the grant dollar. Organizations are eager to connect with new funders, collaborate with other agencies, attend events, receive trainings, and increase their reach. To those who had this request: we hear you! We know that writing a check is just one piece of the puzzle... In next year’s annual report, you’ll read about how we quadrupled our assistance beyond grants in the form of capacity building, technical assistance, and other strategic support.”
HELPING “SUSTAINABILITY” BECOME MORE THAN A BUZZWORD

We ask our grant partners to have a plan for sustainability, in part because we want to support interventions that will help Michigan residents live healthier lives for years to come. But we know it’s not a simple request, and we understand that the ideal version of sustainability might look very different across programs. In 2019, we began partnering with Community Solutions Planning & Evaluation to offer regular sustainability webinars for Health Fund grant partners.

Feedback on our sustainability trainings:

“Great applicability, interaction with participants, practical orientation - and the take home guide was great!”

“It was very applicable to my line of work and the concepts were broken down to a very easy to understand level. Not so scary to think about sustainability after all!”

“Having the book to refer to during the webinar and to utilize after the webinar is a useful tool. Thanks for the opportunity to learn more about sustainability!”

Our hope is that by offering more than a demand for sustainability, we can transform the topic from a burdensome application question into an opportunity for continued success.

TECHNOLOGY ASSISTANCE WITH THE MICHIGAN NONPROFIT ASSOCIATION

Through this collaboration, we supported the technology infrastructure of 12 nonprofits, conducting assessments, purchasing hardware and software, and training staff on new tools. Organizations that participated saw improved “mission capabilities,” meaning they were able to reallocate staff time and money toward mission delivery rather than technology troubleshooting and related inefficiencies.

How technology assistance is helping our partners:

FEEDING AMERICA WEST MICHIGAN

“We implemented a new server to replace our aging, nearly 10-year-old server. It allowed us to migrate our main inventory database, our remote desktop services, and online ordering system to it. This increased the usability and productivity for all of our agencies and remote workers.”

“We’ve seen a massive drop in calls and messages in regards to errors while ordering product, our database runs much more quickly and efficiently, and this has led to better use and understanding of our data in the fight against hunger.”

“Remote workers were used to seeing the old OS and Office programs, and frequent disconnections and other issues when using the remote desktops. That has been completely alleviated.”

PEDIATRIC FOUNDATION OF MICHIGAN

“Upgrading our computers and webcam has allowed us to broadcast our educational meetings including the ACEs project and the pediatric epilepsy project. This has allowed doctors in remote places like the Upper Peninsula to receive our training.”

“The firewall capability has allowed us to filter out unwanted attacks on our system.”

“We are now planning on virtual CME programming for 2020 due to our increased webinar functions.”
ENCOURAGING EXCELLENT EVALUATION

We’d been hearing about the need for evaluation assistance even before the CEP survey. Many of our partners work on projects that can take years to affect traditional biometric indicators of health, yet they want and need to show their impact in the interim. Others have promising ideas for evaluation, but don’t have the data-crunching capacity to execute. Still others are implementing programs that reduce costs in a totally separate part of the healthcare system. In summary: evaluation is hard to do, and even harder to do well.

To that end, we first dipped our toe in evaluation capacity in 2018, partnering with the Johnson Center at Grand Valley State University to host an evaluation workshop in the Upper Peninsula. While the event was successful, we knew we needed a broader approach. So in 2019, we linked up with Equal Measure and took some time to really learn and grasp the need for evaluation capacity building.

The result: a comprehensive evaluation capacity-building plan including a buffet of activities for us to tackle in 2020. On that note, you’ll have to stay tuned for next year’s annual report to hear all about our data visualization trainings, the Equitable Evaluation Initiative, and more!

HELPING NONPROFITS GO FARTHER—LITERALLY

We have a front row seat to our grant partners’ incredible work. But too often, cost is a barrier to sharing positive results or networking with others in the field. Conferences can be excellent opportunities to spread the word about an effective program or intervention, but those opportunities don’t come cheap. Attending or presenting at a major event can easily run into the thousands of dollars, a big burden for nonprofits with small (or nonexistent) professional development budgets.

In late 2019 we prepared to launch our “Attend/Present” scholarships, which would provide up to $2,000 to offset the cost of attending conferences. Of course, early 2020 saw most major events canceled or shifted online, but we plan to bring back Attend/Present scholarships as soon as it’s safe. Ultimately, we hope this kind of funding will help nonprofits build their networks, share findings, set the stage for future work, and generally build their fields.
TECHNOLOGY REPORT

The health technology landscape is constantly evolving, with smart devices and virtual communication becoming more sophisticated and ubiquitous every year. Our report *The Role of Health Technology in Michigan* took a look at the 46 technology-centered projects we funded from 2015 to 2019—$12.8 million in grants—in order to understand what’s working, what’s not, and where we should go next. We had four key takeaways:

1. **Technology-based interventions aren’t a cure-all…**
   A new tablet or telemedicine platform won’t solve root health issues on its own—tools like these are only as strong as the system in which they’re implemented. The most successful technology projects were adaptable rather than cumbersome, simple to use but extensive in scope of use.

2. **…but technology can be a game-changer when applied strategically**
   Simple doesn’t necessarily mean easy. To maximize technology’s impact, it has to be incorporated into an organization’s broader strategy and existing workflow. This can take a lot of work. But when done well, the impact can be transformative.

3. **Understanding dynamics between involved stakeholders is crucial**
   Patient-centered care is key, but for health technology to work, there has to be buy-in from all involved—including those implementing it. For that reason, we noticed that smaller organizations tended to be quicker to adopt new tools, with larger organizations needing a deliberate rollout to get all participants on board.

4. **Technology-based approaches address a wide variety of barriers to access**
   Health technology tools help bridge gaps in access; they don’t eliminate them. As helpful as these interventions can be, it’s important to remember that the root causes and systemic challenges remain. We should balance our use of technology with a clear-eyed understanding of the deeper issues at play.

Read the full report including stories from our grantees at mihealthfund.org/technology
BEHAVIORAL HEALTH

ALTARUM INSTITUTE
$490,847
RESPONDING TO ADOLESCENT DEPRESSION THROUGH INTEGRATION AND TELEMEDICINE (RAD-IT)
To use telemedicine to improve the behavioral health outcomes of rural Michigan adolescents, increasing the recognition of depression and providing timely and effective treatment.

ARBOR CIRCLE
$499,998
KENT COUNTY BEHAVIORAL HEALTH HOME FOR CHILDREN
To develop and pilot a behavioral health home to provide integrated care for children with serious behavioral health conditions.

BEAUMONT HEALTH FOUNDATION
$438,214
IMPROVING THE CARE OF PATIENTS WITH MENTAL HEALTH DISORDERS IN THE EMERGENCY DEPARTMENT
For a new integrated medical/behavioral health team model in the Beaumont Taylor Emergency Department to expand psychiatric care.

FRIENDS OF THE CHILDREN
$500,000
LIFE NAVIGATORS FOR PREVENTIVE BEHAVIORAL HEALTHCARE
To pair under-resourced children with salaried, full-time mentors and advocates, who will provide intensive services for 12.5 years.

GRAND RAPIDS HQ
$98,233
COMPREHENSIVE HEALTH INITIATIVE FOR HOMELESS YOUTH
To expand their existing partnership with 3:11 Youth Housing to support the physical and mental health needs of young people who are experiencing homelessness.

GREAT LAKES BAY HEALTH CENTERS
$300,000
INTEGRATION OF NON-PHARMACOLOGICAL PAIN MANAGEMENT INTO PRIMARY CARE
To create a stronger continuum of care for older adults who are using opioids to manage chronic pain.

GREAT LAKES RECOVERY CENTERS, INC.
$87,000
RECOVERY CENTERS OF MICHIGAN PLANNING GRANT
To work with nonprofit treatment agency partners to increase access to substance use disorder treatment services.

HENRY FORD HEALTH SYSTEM
$370,594
IHELP: IMPLEMENTATION OF TECHNOLOGY-BASED SCREENING, BRIEF INTERVENTION, AND REFERRAL TO TREATMENT IN PEDIATRIC PRIMARY CARE
To use the existing iHeLP screening tool to conduct evidence-based substance abuse screening on 14- to 17-year-olds in Henry Ford Health System clinics and identify personalized interventions based on the level of risk.

JACKSON COUNTY INTERMEDIATE SCHOOL DISTRICT
$500,000
BUILDING A ROBUST SYSTEM: DESIGNING A CONTINUUM OF BEHAVIORAL HEALTH CARE FOR CHILDREN IN JACKSON COUNTY
To design, test, and evaluate a person-centered continuum of behavioral healthcare from prevention and identification to early intervention and treatment.

METRO HEALTHCARE SERVICES, INC. (DBA METRO SOLUTIONS)
$471,960
DETROIT LIFE IS VALUABLE EVERYDAY (DLIVE)
To work with youth and young adults who have sustained acute, intentional violent trauma to interrupt the cycle of violence, prevent re-injury and death, and facilitate a pathway to health and wellness.
We’ve long understood not everyone gets the behavioral healthcare they need, but until now, we’ve never had a clear picture of where and why the biggest gaps exist. So in 2019 we partnered with Altarum to study behavioral health access in Michigan: Who isn’t getting care? Where are the biggest gaps? What are the biggest barriers? And how does it get fixed?

The results were startling. 38% of Michigan residents with a mental illness and 80% of those with a substance use disorder aren’t receiving any form of treatment, according to the study. That means hundreds of thousands of people aren’t getting the help they need, due to barriers like provider shortages, affordability, and patient willingness to seek care.

The report concluded with 15 strategies for improving access. Key recommendations include:
- Incentivize retention of behavioral health providers in Michigan
- Remove restrictions on the scope of practice to make full use of all members of the healthcare team
- Increase use of lay providers such as peer support specialists
- Expand implementation of telemedicine to reach people in rural areas and those unable to travel
- Extend access to services in schools
- Integrate primary care and behavioral healthcare delivery

Many of these recommendations are already part of the Health Fund’s grantmaking strategy, but the report showed we have a long way to go. We’ll continue working with other funders, as well as the private sector and government, to support promising innovations, expand successful practices across the state, and provide a pathway to access for everyone who calls Michigan home.

READ THE FULL REPORT AND FIND OTHER RESOURCES AT MIHEALTHFUND.ORG/ACCESS
**SOUTHWEST MICHIGAN BEHAVIORAL HEALTH**  
*$500,000*

**IMPROVING CARE INTEGRATION FOR UNENROLLED SENIORS IN KALAMAZOO COUNTY**  
To improve Medicaid-eligible Kalamazoo County older adults’ functional ability, health status, and quality of life by providing managed care coordination for those not eligible for it through Medicaid.

**STARR COMMONWEALTH**  
*$499,450*

**TRAUMA ASSESSMENTS AND TREATMENT AT CHILDREN’S HOSPITAL OF MICHIGAN: A PROJECT OF STARR COMMONWEALTH**  
To integrate trauma assessment with primary care, including physical, social, emotional, and behavioral health interventions that are specific to trauma and toxic stress.

**THE REGENTS OF THE UNIVERSITY OF MICHIGAN**  
*$400,000*

**3-TIERED SCHOOL MENTAL HEALTH PROGRAM WITH DETROIT PUBLIC SCHOOL COMMUNITY DISTRICT**  
To implement a multi-tiered TRAILS-informed approach to all 110 district buildings within DPSCD. TRAILS improves youth access to evidence-based mental health services by training school mental health professionals in effective practices, such as cognitive behavioral therapy and mindfulness.

**THE REGENTS OF THE UNIVERSITY OF MICHIGAN**  
*$311,779*

**BUILDING THE CAPACITY OF RURAL HEALTH CENTERS TO DELIVER ADOLESCENT-FRIENDLY INTEGRATED BEHAVIORAL HEALTH**  
To increase capacity for rural clinics in the Upper Peninsula to integrate behavioral health services for adolescents into primary care health centers.

**THE REGENTS OF THE UNIVERSITY OF MICHIGAN**  
*$172,629*

**ENHANCING AND SUSTAINING THE MICHIGAN COLLABORATIVE CARE IMPLEMENTATION SUPPORT TEAM TO EXPAND ACCESS TO QUALITY MENTAL HEALTH TREATMENT IN PRIMARY CARE FOR OLDER AND LOW-INCOME ADULTS**  
To address the poor access to mental health services faced by older and low-income adults with depression, anxiety, and other common mental health conditions living in underserved communities throughout Michigan.
ASSOCIATION OF CHINESE AMERICANS, INC. (ACA) $100,000

A PLANNING GRANT TO DEVELOP A CULTURALLY TARGETED SERVICE PLAN FOR ASIAN AMERICAN CAREGIVERS

To address unique cultural issues facing informal caregivers in the Asian American community.

BATTLE CREEK COMMUNITY FOUNDATION $500,000

MI – T.E.C.H.

For a statewide expansion of the successful To Ensure They Come Home (T.E.C.H.) program, which increases the safe return of individuals who have wandered by providing personal I.D. bracelets to older adults with dementia.

BEAUMONT HEALTH FOUNDATION $223,049

EXPANDING ADVANCED CARE PLANNING IN THE CLINICAL AND COMMUNITY SETTING

For using the Respecting Choices (RC) platform to provide Advanced Care Planning (ACP) support for adults 50 years or older.

BRILLIANT DETROIT $200,000

AGENCIES UNITED FOR HEALTHY AGING

To engage community development organizations, faith-based organizations, and the Detroit Area Agency on Aging to create a shared vision and plan for healthy aging in Detroit.

CATHOLIC SOCIAL SERVICES OF WASHTENAW $499,960

AHEAD OF THE CURVE WASHTENAW

To create a caregiver-friendly community system through a network of local traditional and non-traditional organizations to enhance local service delivery for older adults and caregivers.

CENTRAL MICHIGAN UNIVERSITY $473,722

RURAL OLDER ADULT MOBILE (ROAM) CARE: REACHING THE UNREACHABLE

To improve access to healthcare for rural, vulnerable, underserved older adults by bringing medical care to patients’ homes, developing individualized care plans, and coordinating integrated follow up services.

CONNECTED NATION, INC. $434,975

CLOSING GAPS IN RURAL TELEHEALTH: MAKING TELEHEALTH TOOLS MORE ACCESSIBLE FOR RURAL DOCTORS AND PATIENTS

To improve awareness, availability, and use of telehealth applications in rural Michigan.

GENERATIONS UNITED $499,583

INTERGENERATIONAL SOLUTIONS FOR HEALTHY AGING IN MICHIGAN

To expand intergenerational partnerships to three new sites in Michigan, increasing connections among older adults and young people, improving health outcomes for older adults, and introducing young people to careers in aging and health care.

HENRY FORD HEALTH SYSTEM $500,000

CLOSING THE LOOP FOR SENIORS: A PILOT TO EQUIP THEIR CAREGIVERS WITH INSTRUCTIONS & SUPPORT TO ADDRESS MEDICAL AND SOCIAL NEEDS

To bring a modified version of India’s train-the-trainer healthcare model, Noora Health, to Michigan.

HURON VALLEY AMBULANCE, INC. $495,000

BRINGING WHATSOEVER IT TAKES TO THE HIGHEST RISK MEDICARE AND MEDICAID POPULATION

To expand the Whatever It Takes community paramedic program to the aged, blind, and disabled Medicaid population and Medicare fee for service beneficiaries in Washtenaw County.

MANISTEE COUNTY HUMAN SERVICES COLLABORATIVE BODY UNDER THE UNITED WAY OF MANISTEE COUNTY $175,000

MANISTEE CREATING COMMUNITY IN-HOME CARE SOLUTIONS

To develop a comprehensive, community-endorsed strategy to address direct care worker shortages and implement an in-home care family support program for seniors.

MICHIGAN COALITION AGAINST HOMELESSNESS $73,306

OLDER ADULT HOMELESSNESS PILOT CONTINUATION

To investigate linkages between housing and health care and identify opportunities for integration in order to improve health outcomes for older adults experiencing homelessness.

MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES $193,947

CAREGIVER RESOURCE COLLABORATIVE

For an alliance of agencies to improve access to resources, information, and assistance for family caregivers of older adults living with dementia or other chronic or disabling conditions.
MICHIGAN HEALTH IMPROVEMENT ALLIANCE
$199,650
4M4ME – IMPROVING MEDICATION USE FOR HEALTHY AGING
To convene local partners to develop a sustainable plan and policy recommendations to reduce overscribing and/or unnecessary, inappropriate medication use among older adults.

MICHIGAN PARKINSON FOUNDATION
$223,000
PARKINSON’S DISEASE EDUCATION FOR HEALTH CARE PROVIDERS AND CAREGIVERS
To produce six training videos for direct care workers, featuring best practices for daily care and management of Parkinson’s disease symptoms.

MICHIGAN PEER REVIEW ORGANIZATION
$191,623
SOCIAL ISOLATION AND LONELINESS REDUCTION PROJECT
To train pharmacists to screen older adults for social isolation and connect those adults to community resources through the person’s primary medical home.

MICHIGAN STATE UNIVERSITY
$166,736
SLEEP EDUCATION FOR ELDERS PROGRAM (SLEEP)
To address the negative health impacts associated with insufficient and/or poor sleep among older adults.

MICHIGAN STATE UNIVERSITY
$499,984
GREETS: GERIATRIC RURAL EXTENSION OF EXPERTISE THROUGH TELEGERIATRIC SERVICES
To develop a new delivery system that expands geriatric service options to underserved and remote areas of Michigan, using telemedicine and telehealth concepts.

MIDMICHIGAN HEALTH FOUNDATION
$275,126
BRIDGE TO BELONGING: PARTNERSHIP TO END LONELINESS, IMPLEMENTATION
To integrate a social isolation and loneliness screening into various health services and social programs.

OTTSEGO COUNTY COMMISSION ON AGING (OCCOA)
$433,158
REPLICATION AND EXPANSION OF INNOVATIVE “TECHNOLOGY AND AGING” PROGRAM TO ADDITIONAL MICHIGAN COMMUNITIES
To replicate community partnership programs for homebound older adults in the Upper Peninsula, Washtenaw County, Cass County, and St. Clair counties.

REGION 3B AREA AGENCY ON AGING
$500,000
CAREGIVER CAREER SUPPORT AND DEVELOPMENT INITIATIVE (CCSDI)
To improve training and retention of paid direct care workers and provide support for informal or family caregivers who are caring for frail older adults.

REGION IV AREA AGENCY ON AGING
$200,000
SOUTHWEST MICHIGAN CARE CONTINUUM TRANSFORMATION STRATEGY
To create a community wide strategy for an integrated, sustainable, and age-friendly system of care delivery in Southwest Michigan for older adults with complex care needs and their caregivers.

SENIOR RESOURCES OF WEST MICHIGAN
$493,000
ENHANCED CARE
To develop a Medical Provider Program, which will deliver both medical and case management services while working toward becoming a Medicare Advantage Special Needs Plan (SNP).

UPCAP SERVICES, INC.
$115,000
AN ASSESSMENT AND ANALYSIS OF NON-EMERGENCY MEDICAL TRANSPORTATION (NEMT) SERVICES IN THE UPPER PENINSULA
To engage stakeholders to discuss the non-emergency medical transportation challenges in the Upper Peninsula, create a plan to address those challenges.

WAYNE COUNTY NEIGHBORHOOD LEGAL SERVICES
$225,568
LEGAL EMPOWERMENT FOR CAREGIVERS
To expand the Successful Aging through Financial Empowerment-Caregiver Empowerment (SAFE) Program at the Wayne State University Institute of Gerontology.

MICHIGAN HEALTH IMPROVEMENT ALLIANCE
$199,650
4M4ME – IMPROVING MEDICATION USE FOR HEALTHY AGING
To convene local partners to develop a sustainable plan and policy recommendations to reduce overscribing and/or unnecessary, inappropriate medication use among older adults.

MICHIGAN PARKINSON FOUNDATION
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PARKINSON’S DISEASE EDUCATION FOR HEALTH CARE PROVIDERS AND CAREGIVERS
To produce six training videos for direct care workers, featuring best practices for daily care and management of Parkinson’s disease symptoms.

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To address the negative health impacts associated with insufficient and/or poor sleep among older adults.

MICHIGAN STATE UNIVERSITY
$499,984
GREETS: GERIATRIC RURAL EXTENSION OF EXPERTISE THROUGH TELEGERIATRIC SERVICES
To develop a new delivery system that expands geriatric service options to underserved and remote areas of Michigan, using telemedicine and telehealth concepts.
To address the negative health effects of poor blood pressure measurement, diagnosis, and treatment at ten Federally Qualified Health Centers and improve hypertension control rates through an enhanced version of Target:BP.

To connect primary care and treatment of chronic disease with evidence-based prevention practices.

To increase access to fresh produce in underserved communities and provide nutrition and cooking education to encourage residents to select fresh ingredients and prepare healthy meals.

To determine ways to address food security and access to healthcare in the Upper Peninsula, including collaboration, potential models, and integration of healthcare and food access.

To expand an evidence-based program to help children improve attitudes and behaviors toward healthy food and reduce the likelihood of future diet-related diseases.

To connect healthcare facilities, schools, and food pantries to improve access to healthy food and wellness programs.

For the Michigan Tribal Food Access Collaborative to reduce childhood overweight/obesity and the related risks for chronic disease by developing and implementing culturally appropriate policies, system procedures, and standardized screening protocols.

To address childhood obesity by working with parents and caregivers to teach young children healthy habits.

For a 14-week intergenerational program designed to educate young children on healthy foods and nutritious eating, and to engage and empower their parents to continue those behaviors in the home.
MUSKEGON AREA INTERMEDIATE SCHOOL
$325,636

CREATING HEALTHY SCHOOLS PROJECT
To address some of the root causes of poor child health by equipping schools with resources to provide alternative school breakfast programs, incorporating nutrition and physical activity education into K-6 classrooms, and integrating health and wellness into the school improvement planning process.

OAKLAND UNIVERSITY
$484,418

PRESCRIPTION FOR A HEALTHY PONTIAC
To facilitate and create a culture of healthy eating and physical activity within families with children or seniors, reduce loneliness and social isolation among seniors, and strengthen community relationships.

THE REGENTS OF THE UNIVERSITY OF MICHIGAN
$238,019

CREATION OF A LEARNING HEALTH SYSTEM FOR PREVENTION AND MANAGEMENT OF CHILDHOOD OBESITY ACROSS THE STATE OF MICHIGAN
To create a learning collaborative to measure the costs of overweight/obesity in the state, implement nutritional interventions for prevention and treatment of childhood overweight/obesity, and create collaborative learning models for health systems, community partners, patients, and families.

THE REGENTS OF THE UNIVERSITY OF MICHIGAN
$499,941

HELPING MICHIGAN’S BABIES MAKE MAJOR GAINS
To create an integrated, interdisciplinary infant feeding program for babies who arrive early or have special medical conditions.

TRINITY HEALTH DBA ST. JOSEPH MERCY ANN ARBOR
$410,193

TWO-WAY LEARNING FOR AT-RISK CHILDREN AND PHYSICIAN RESIDENTS THROUGH NUTRITION BUDDIES PILOT PROGRAM
To pair medical residents and middle school students in Ypsilanti to promote healthy eating behaviors and wellness.

UNITED WAY FOR SOUTHEASTERN MICHIGAN
$228,500

FEEDING, EATING AND SUCCEEDING TOGETHER (FEAST)
To build on the FEAST program, which trains adults to adopt authoritative feeding practices based on an evidence-based feeding model.

VISTA GRANDE VILLA
$148,592

VILLAGE GARDEN VENTURE
To create a community garden and produce distribution system serving economically disadvantaged seniors and disenfranchised youth in Jackson County.

WAYNE STATE UNIVERSITY
$500,000

DEARBORN SHINES (SCHOOL HEALTH THROUGH INTEGRATED NUTRITION & EXERCISE STRATEGIES (D-SHINES) FOR HEALTHY KIDS – WAVE 2
To bring Dearborn SHINES to six additional Dearborn Public Schools and the district’s early childhood center.

WAYSNE STATE UNIVERSITY
$500,000

BUILDING HEALTHY COMMUNITIES
To develop more robust technological platforms to expand the capacity and effectiveness of Building Healthy Communities, a comprehensive nutrition and physical activity program implemented in elementary and middle schools.
<table>
<thead>
<tr>
<th>Organization</th>
<th>Grant Purpose</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td>Access of West Michigan</td>
<td>Healthy Food Retail Markets</td>
<td>$100,000</td>
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<tr>
<td>Area Agency on Aging 1-B</td>
<td>Caring for the Caregiver 2.0: Assessing how well communities support caregivers</td>
<td>$95,690</td>
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<td>Ascension Genesys Foundation (AGF)</td>
<td>Diabetes Resources for Education and Motivation (DREAM)</td>
<td>$100,000</td>
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<tr>
<td>Ascension St. John Foundation</td>
<td>Mother Nurture Lactation College Sustainability Project</td>
<td>$54,200</td>
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<td>Battle Creek Family YMCA</td>
<td>Passport to Wellness</td>
<td>$75,000</td>
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<td>Big Green</td>
<td>Learning Garden Expansion to Detroit Public School District</td>
<td>$100,000</td>
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<td>Black Mothers’ Breastfeeding Association</td>
<td>Stakeholder-Driven High-Tech Innovation</td>
<td>$100,000</td>
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<td>Bridging Communities, Inc.</td>
<td>Senior Meal Delivery</td>
<td>$53,000</td>
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<td>Brilliant Detroit</td>
<td>Health Platform</td>
<td>$100,000</td>
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<tr>
<td>Calvin College</td>
<td>Intervention to address Social Skills among internationally adopted children</td>
<td>$50,970</td>
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<tr>
<td>Catch Global Foundation</td>
<td>Lansing Catch Coordinated School Health Initiative</td>
<td>$72,800</td>
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<td>Chaldean Community Foundation</td>
<td>Caregiver and client health, wellness, and aging training and outreach</td>
<td>$99,964</td>
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<tr>
<td>Children’s Healing Center</td>
<td>Integrating Trauma Informed Care With Good. Clean. Fun</td>
<td>$70,750</td>
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<tr>
<td>Children’s Hospital of Michigan Foundation</td>
<td>Wayne County Expansion and Implementation of English/Spanish FitKids360</td>
<td>$94,650</td>
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<tr>
<td>Common Ground</td>
<td>Children’s In-Home Stabilizer</td>
<td>$84,000</td>
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<td>Community Action House</td>
<td>Improving Healthy Food Access</td>
<td>$100,000</td>
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<tr>
<td>Delta-Schoolcraft ISD</td>
<td>Building Behavioral Supports Through Leadership Development and Community Collaborations</td>
<td>$100,000</td>
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<tr>
<td>District Health Department #10</td>
<td>Healthy Students, Healthy Schools, Healthy Communities</td>
<td>$100,000</td>
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<tr>
<td>Eastern Michigan University</td>
<td>EMU Geropsychology – Detecting and Managing High-Conflict Care Situations</td>
<td>$99,041</td>
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<td>Gigi’s Playhouse Detroit</td>
<td>GIGIFIT</td>
<td>$30,000</td>
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<td>Gleaners Community Food Bank of Southeastern Michigan</td>
<td>Centering Pregnancy With Healthy Food</td>
<td>$100,000</td>
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<tr>
<td>Grand Traverse Regional Community Foundation</td>
<td>Improving Non-Emergency Medical Transportation Ridership in Grand Traverse and Benzie Counties</td>
<td>$50,000</td>
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<tr>
<td>Greater Flint Health Coalition</td>
<td>Community Health Hub Project</td>
<td>$100,000</td>
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<td>Greater Midland</td>
<td>Long-Term Sustainability for Community Impact</td>
<td>$100,000</td>
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<tr>
<td>Great Lakes Recovery Centers, Inc.</td>
<td>New Hope Maternity House Planning Grant</td>
<td>$41,517</td>
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<tr>
<td>Organization</td>
<td>Project Description</td>
<td>Funding</td>
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<td>Henry Ford Health System</td>
<td>Integrating Behavioral Health Sustainability Modeling</td>
<td>$99,999</td>
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<td>Hope Hospitality &amp; Warming Center, Inc.</td>
<td>Complex Care Coordinator</td>
<td>$100,000</td>
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<td>Humans First Detroit</td>
<td>Project COHERE</td>
<td>$100,000</td>
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<td>Hurley Medical Center</td>
<td>Food Farmacy - Addressing barriers to achieving food security in Genesee County</td>
<td>$78,538</td>
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<tr>
<td>Jewish Family Services of Washtenaw County</td>
<td>The Wise Program: Enhanced Service Delivery through Technology Improvements and Universal Assessment</td>
<td>$100,000</td>
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<td>Keep Growing Detroit</td>
<td>Garden at the End of Regie’s Rainbow Project</td>
<td>$34,617</td>
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<td>Keweenaw Bay Indian Community</td>
<td>Debweyendan Indigenous Gardens</td>
<td>$100,000</td>
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<td>Livingston County Catholic Charities</td>
<td>Creating a Caregiver Corps in Livingston</td>
<td>$100,000</td>
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<td>Maggie’s Wigs 4 Kids of Michigan, Inc.</td>
<td>Support groups for children &amp; teens with health challenges</td>
<td>$15,000</td>
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<td>Michigan Center for Clinical Systems Improvement</td>
<td>Planning for Community Health Information Exchange</td>
<td>$93,500</td>
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<td>Michigan Health Improvement Alliance</td>
<td>Catalytic Support for Resilience-Building Communities in the Great Lakes Bay Region (Building Resilience)</td>
<td>$96,866</td>
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<td>Michigan State University</td>
<td>Enhancing the quality of life among elders facing cognitive decline</td>
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<td>Midland County Cancer Society, Inc.</td>
<td>Better Odds for Survival</td>
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<td>Oakland University</td>
<td>Pal Prescription for Healthy Families</td>
<td>$100,000</td>
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<td>Pediatric Foundation of Michigan</td>
<td>Michigan Residency Program ACES Screening Learning Collaborative</td>
<td>$98,250</td>
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<td>Region 7 Area Agency on Aging</td>
<td>Primary Health Care &amp; RX @ Home</td>
<td>$100,000</td>
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<td>Shelter Association of Washtenaw County</td>
<td>Shelter Association Medical Recuperative Care Program</td>
<td>$100,000</td>
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<td>Superior Health Foundation</td>
<td>Medical Transportation in the U.P.</td>
<td>$50,000</td>
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<td>The Regents of the University of Michigan</td>
<td>Training community health workers and peer support specialists to promote oral health: The Family Oral Health Project</td>
<td>$89,562</td>
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<td>Upcap Services, Inc.</td>
<td>Benjamin Rose Institute (BRI) Care Coaching Program</td>
<td>$100,000</td>
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<td>Washtenaw Area Council for Children</td>
<td>Cyber Safety and Resiliency Program</td>
<td>$15,000</td>
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<td>Washtenaw County Health Department</td>
<td>HealthyOne</td>
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<td>Wayne Metropolitan Community Action Agency</td>
<td>A community solution to trauma: Improving children’s behavioral health access &amp; outcomes at Wayne Metro</td>
<td>$50,000</td>
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<td>Wayne State University</td>
<td>Youth Advancing Community Health (YACH)</td>
<td>$100,000</td>
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<tr>
<td>West Michigan Partnership</td>
<td>For Children</td>
<td>$100,000</td>
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</table>

**MICHIGAN HEALTH ENDOWMENT FUND 2019 ANNUAL REPORT**
SPECIAL PROJECTS & EMERGING IDEAS

ELDER LAW OF MICHIGAN, INC.
$285,989

IMPROVING FOOD SECURITY AND ACCESS BY ADDRESSING PROCEDURAL BARRIERS TO SNAP
To increase food security for older adults by identifying and addressing barriers to the SNAP benefit.

FUNDER COLLABORATIVE FOR U.P. HEALTH NEEDS ASSESSMENT PROJECT IMPLEMENTATION
$250,000

U.P. PARTNERSHIP GRANTS: COLLABORATING TO IMPROVE THE HEALTH OF MICHIGAN’S UPPER PENINSULA
For the U.P.’s three universities to partner with local health departments, school districts, and nonprofits to conduct evaluative research and/or assess interventions addressing the prevention or treatment of chronic disease in the U.P.

MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES
$500,000

ACHIEVING SAME DAY ELIGIBILITY DETERMINATIONS THROUGH PARTNERSHIP WITH CIVILLA
To design a streamlined enrollment process for Michigan’s largest benefit programs and increase the number of same day eligibility determinations.

MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES
$375,000

BEHAVIORAL HEALTH SYSTEM IMPROVEMENT
To assess potential reforms to the behavioral health system, using recommendations from a stakeholder-engaged process to inform a policy package of system improvements.

MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES
$124,898

HEALTHY BEHAVIORS AS PART OF THE HEALTHY MICHIGAN PLAN: CURRICULUM/MODULE DEVELOPMENT FOR PROVIDERS
To develop and implement a multimedia educational curriculum for clinicians on changes to the Healthy Michigan Plan Healthy Behaviors Incentive Program.

MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES
$498,897

IMPLEMENTING THE NATIONAL CORE INDICATORS-AGING AND DISABILITIES ADULT CONSUMER SURVEY IN MICHIGAN
To conduct the National Core Indicators-Aging and Disabilities (NCI-AD) Adult Consumer Survey and use the results to improve the quality and efficiency of long-term services and supports programs.

MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES
$500,000

PHASE 2 HOUSING INTERVENTIONS: DATA, REFERRALS, AND SOCIAL IMPACT BOND DESIGN
To develop critical infrastructure needed to connect housing services agencies, Medicaid Health Plans, and MSDHA to information about the housing and health status of clients, allowing the State of Michigan to facilitate cross-agency referrals and identify high-need individuals.
MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES
$487,142

PSYCHIATRIC COLLABORATIVE CARE MANAGEMENT FOR SERVICES IN PRIMARY CARE
To integrate behavioral health into primary care settings, increasing access to psychiatric recommendations through team-based approaches.

MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES
$500,000

STATEWIDE HEALTH INFORMATION TECHNOLOGY (HIT) ROAD MAP
To lead the development of a Health Information Technology (HIT) road map to determine priorities for health information sharing and promote HIT interoperability across Michigan.

MICHIGAN HEALTH IMPROVEMENT ALLIANCE
$414,700

THRIVE FUNDING AND FINANCING SYSTEM
To develop a sustainable funding and financing system for THRIVE, a place-based collaborative approach to improve health and economic growth within the Great Lakes Bay Region.

MICHIGAN PUBLIC HEALTH INSTITUTE
$401,021

IMPROVING MATERNAL AND INFANT MORTALITY WITH STRATEGIES THAT DISRUPT UNCONSCIOUS BIAS: A HEALTH EQUITY APPROACH
To conduct workshops and provide technical assistance services to address unconscious bias in maternal and infant health care.

THE REGENTS OF THE UNIVERSITY OF MICHIGAN
$500,000

THE MICHIGAN OPIOID PRESCRIBING ENGAGEMENT NETWORK PEDIATRIC INITIATIVE
To adapt the Michigan Opioid Prescribing Engagement Network’s existing model for adults into a pediatric population.

WAYNE STATE UNIVERSITY
$500,000

PHOENIX – POPULATION HEALTH OUTCOMES AND INFORMATION EXCHANGE
For an innovative health mapping tool and repository that provides communities and health practitioners with actionable data to address macro- and micro-level contributors to the population burden of disease.
2019 SOURCES OF INCOME*
TOTAL $115,200,000

- Blue Cross Blue Shield of Michigan: $85,000,000
- Investments: $30,200,000

2019 TOTAL ASSETS*
$242,200,000

- Endowment: $178,000,000
- Medigap Reserve: $24,500,000
- Payable to Grantees: $15,400,000
- Future Grantmaking: $24,300,000

2019 EXPENDITURES AND USES*
TOTAL $115,200,000

- Grants and programs: $37,700,000
- Michigan Medigap Subsidy: $25,200,000
- Administration: $1,600,000
- Transferred to Endowment: $50,700,000

2019 GRANTS BY PROGRAM AREA*
TOTAL $33,400,000

- Behavioral Health: $7,300,000
- Healthy Aging: $7,900,000
- Nutrition & Healthy Lifestyles: $8,200,000
- Special Projects & Emerging Ideas: $5,800,000
- Community Health Impact: $4,200,000

*All amounts rounded to the nearest $100,000
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Bodman PLC

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Orchards Children’s Services

A special thank you to ALEXIS WILEY and CINDY ESTRADA, who completed their board service in 2019.